

CHIP Workgroup formation notes 2/20/19 (rev 3/18)

Workgroup focus: Parenting and Life Skills

Workgroup name: Family Resources, Education and Development aka FRED

Co-chairs: Carrie Prechtel (AllCare) and Maria Underwood (La Clinica), **Core Team support:** Belle Shepherd Shepherd (OHA)

Proposed Workgroup members: (A = agreed to be on) (P= pending to be asked) (B= bench members)

1. Michelle Homer Anderson (A) – Head Start, JCC CAC
2. Anne Ackles (A) – Jackson County Public Health
3. Jenny Woo (A) - OHSU nursing student with Anne
4. Shannon Cronin (A) – Primary Health CCO
5. Nancy McKinnis (A) – Jackson Care Connect CCO
6. Gina DeVincentis (A) – AllCare CAC
7. Rene Brandon (A) – SOELS/Early Learning HUB
8. Trish Foster (P) – Parenting HUB
9. Sadie Emmons (P) - PrimaryHealth MCH
10. Tony Mendenhall (P) - Hearts with a Mission, PrimaryHealth CAC
11. Jessica Wynant (B) - Providence
12. Laura McKeane (B) – AllCare CCO
13. Mary Hough (A) – Southern Oregon Pediatrics
14. Other ideas: School district person; PCIT staff; Child Welfare staff

Discussion on focus: Navigation of resources; partnering with existing navigation programs to quantify impact and data/successes; SOREDI has a Quest program that could engage social service programs (Jessica Wynant idea)

Notes from large group brainstorm:

What is already being done?

- Early Learning HUB
- Head Start/Early Head Start
- Family Nurturing Center
- Home Visiting Programs
- Parent-Child Interaction Therapy (PCIT)
- Oasis
- Targeted training and education for at-risk
- Eat, Sleep, Console at Asante
- Tiffany Grimes – neuroscience of parenting
- Family Support Connections
- Nutrition and health education (WIC)

- Youth Adolescent HUB/ youth ERA
- SO Goodwill Parenting Course (?)
- EASA life skills training
- Mom and baby classes
- Prenatal classes
- Embedded behavioral health specialists
- Maslow project life skills training
- Faith based resources
- Magdalene home
- SMART
- Rogue Valley Mentoring
- Listo
- Universal Home Visiting (bill in State legislature)
- The Family Connection
- EI/ECSE
- Grandma's to Go
- Kaleidoscope
- Cave Junction Healthy Families initiative
- Disaster Response/Preparedness from Red Cross
- ACEs training (SORS)
- Safe Families for children
- Hearts with a Mission
- Maternity Case Management
- Teen Parent programs

What are potential areas of focus?

- Broadening program access: to all families, to pre-conception
- Integration of life skills education and training into public school curriculum/community-wide education systems
- Integrating preventative health and health care navigation into education and training (including oral health, behavioral health, physical health)
- Inclusion of faith-based resources into work
- Addressing vaccine hesitancy
- Normalizing parent education
- Safe sleep education
- Anger management/health communication
- Resiliency training/ACEs/self-regulation across the life span
- 1000 first days: for earlier intervention
- Addressing barriers to childcare
- Reading initiatives
- Social isolation

- Screenings for pre- and post-natal mood disorders
- Prevent removal of kids from home/support for reunification
- Support grandparents who are parenting grand kids
- Meal planning
- Budgeting
- Health care navigation
- Engaging dads
- Increase teen parent programs