



All in for Health: Jackson & Josephine Counties is a regional community health improvement initiative stewarded by [Jefferson Regional Health Alliance](#) (JRHA). JRHA is a non-profit, multi-sector leadership collaborative focused on improving the health and health care resources of communities in Jackson and Josephine Counties. It includes representation from hospital systems, Jackson and Josephine public health departments, coordinated care organizations and other insurers, federally qualified health centers, community mental health programs, behavioral health providers, and many other health-related organizations, agencies, and initiatives.

The development of this plan was informed by significant engagement with the community. One hundred individuals from 60 diverse community organizations participated in the process by taking part in stakeholder meetings or serving as members of the steering committee or CHIP workgroups. Selection of priority areas was based on the 2018 Community Health Assessment (CHA) of Jackson and Josephine Counties, which used population data and input from over 1,100 community members to identify regional health issues. The All in for Health CHIP (Community Health Improvement Plan) focuses on three areas of need identified and prioritized by our community, including Behavioral Health & Well-Being, Housing for All, and Families Matter.

**Behavioral Health & Well-Being** (mental health and substance use) with improvement strategies focused on trauma informed care, community capacity to provide behavioral health supports, access to care coordination, and community-wide approaches to reduce harm.

- Mental health and substance use is among the top health-related concerns for community members.
- There is a high prevalence of depression and anxiety across the age spectrum, with concerns about ability to access mental health care services, limited availability of mental health providers, and stigma associated with seeking care. Older adults, people experiencing homelessness, veterans, low-income families and individuals, and middle- and high-school aged youth are populations for whom mental health is of particular concern.
- This regional priority area aligns with the Oregon Health Authority (OHA) 2020-2024 State Health Improvement Plan (SHIP) priority area of Behavioral Health (including mental health and substance use).

**Housing for All** (safe, affordable, appropriate housing) with improvement strategies focused on households paying more than 30% of incomes for housing, and proportion of community members living in safe and accessible housing connected to the community and needed services.

- Housing, including affordability, safety, and homelessness, is the issue of highest concern for community members.
- Cost was of particular concern for renters, low-income community members, and non-White community members.
- Safety and quality were also of particular concern to renters who feel vulnerable in asking for housing repairs and improvements.
- This regional priority area aligns with the OHA 2020-2024 SHIP priority area of Economic drivers of health (including issues related to housing, living wage, food security, and transportation).

for more information, go to [JeffersonRegionalHealthAlliance.org/CHIP](https://JeffersonRegionalHealthAlliance.org/CHIP)

**Families Matter** (parenting support and life skills) with improvement strategies focused on supports that nurture families, access to safe and affordable child care, access to affordable healthy food, and a collaborative service-delivery system of community benefit organizations.

- Cost of living is among the top issues impacting community members.
- There is a lack of child care providers generally and affordable child care specifically. Concern about the cost of child care is especially felt among women and non-White members of the community.
- Parents feel that they have limited knowledge and skill for parenting, stigma around asking for help, and a lack of community connection for support.
- This regional priority area aligns with the OHA 2020-2024 SHIP priority areas of (1) Adversity, trauma, and toxic stress, and (2) Economic drivers of health (including issues related to housing, living wage, food security, and transportation).

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## **All in for Health Steering Committee**

### **Project Coordinator**

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### **Design Team**

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### **Steering Committee**

Addictions Recovery Center: Danni Swafford

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Jackson Care Connect: Nancy McKinnis, Sam Watson

Jackson County Public Health: Jackson Baures

Jackson County Mental Health: Stacy Brubaker

Josephine County Public Health: Audrey Tiberio

La Clinica: Maria Underwood

OnTrack Rogue Valley: Eddie Wallace

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