

A healthy community **IS EVERYONE'S BUSINESS**

## Jackson and Josephine Counties 2019–2022 Community Health Improvement Plan Priorities

### Overview

A person's health is shaped by the overall health of the area they live in. Things that affect lives, jobs, relationships and available resources can also change a person's health.

### What is the *All in for Health Community Health Improvement Plan (CHIP)*?

The *All in for Health* CHIP is a set of priorities aimed at improving local health issues in Jackson and Josephine counties. It was developed from a study called the Community Health Assessment (CHA). The study results showed health needs and strengths of our area based on things like jobs, housing, and education. Information was included from over 200 existing local, regional, state, and national sources. Over 1,100 people took a survey or met in person. People were asked their views on the area's strengths, challenges, and health concerns.

#### Six major themes rose to the top:

- Substance use
- Education and workforce growth
- Mental health and well-being
- Poverty and employment
- Parenting and life skills
- Affordable housing

From the CHA study, the *All in for Health* CHIP for 2019-2022 was made. The plan is to work on these three (3) priorities:

- Behavioral health (mental health and substance use)
- Parenting support and life skills
- Affordable housing

### What happens next?

The plan will require teamwork among health care providers, local governments, educators, non-profits, and the people who live in the area. It builds on current programs and helps bring together local resources.

### How can I help?

Spread the word about the *All in for Health* CHIP! To learn more and get involved, contact Angela Warren, at [angela@jeffersonregionalhealthalliance.org](mailto:angela@jeffersonregionalhealthalliance.org) or (541) 292-6466. The full CHA and CHIP can be seen at [JeffersonRegionalHealthAlliance.org](http://JeffersonRegionalHealthAlliance.org).



A healthy community **IS EVERYONE'S BUSINESS**

## Jackson and Josephine Counties Collaborative **2019-2022 Community Health Improvement Plan (CHIP)** priority themes and goals

The priority themes and goals listed here were developed with the help of more than 100 people from 60 local agencies in Jackson and Josephine counties. Local partners are working together to put in place action plans to help meet the goals.



### **Affordable housing**

- Increase the number of people paying 30% or less of what they earn for housing.
- Increase the number of people living in homes that are safe, accessible, and are easily served by community services.



### **Mental health and well-being**

- Lessen the effects of trauma.
- Help young people and older adults feel less alone.
- Provide the community with ways to accept and help people who need behavioral health services.
- Prevent use and misuse of substances.
- Promote ways to reduce the harm that happens with mental health and substance use issues.
- Improve access and coordination of care for people needing mental health and addiction services.



### **Parenting support and life skills**

- Help families feel connected, cared for and strengthened.
- Help families have access to safe, affordable and quality child care.
- Increase access to food, including healthy food.
- Assure community-based organizations work together to deliver coordinated services.